

## Contact List - Counselling and/or Psychological services – Vietnam

*The names and contact details of medical services in Vietnam appearing below have been compiled by the Department of Foreign Affairs and Trade (DFAT) from publicly-available information. DFAT does not endorse any of the medical services appearing in this list, provides no guarantees as to its currency and does not accept any liability if you choose to engage one of these medical services.*

### Ho Chi Minh City

| Name                                                                                                                                                                                                                                                                                                                                                                   | Address                                                                 | Contact Details                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <b>Mental Health Center (Trung tâm Điều dưỡng Người bệnh Tâm Thần)</b><br><br><b>Languages:</b> Vietnamese<br><b>Speciality:</b> Mental illness treatment, local standard                                                                                                                                                                                              | 37 Phu Chau Street, Tam Binh Ward, HCMC                                 | <b>B:</b> +84 28 3729 2143<br><b>M:</b><br><b>Fax:</b><br><b>Email:</b> ddbtt.syt@tphcm.gov.vn                                 |
| <b>Huong Tran Therapy</b><br><b>Contact:</b> Ms TRAN Tuyet Huong (Victoria)<br><b>Languages:</b> English, Vietnamese<br><b>Speciality:</b> Marital & Family therapy in group, couple or individual session.                                                                                                                                                            | 1B13 Street 27, Quarter 5, Binh trung Ward, Thu Duc City, HCMC          | <b>B:</b><br><b>M:</b> +84 94 446 803<br><b>Fax:</b><br><b>Website:</b> trantherapy.vn<br><b>Email:</b> info@saigontherapy.com |
| <b>HCMC Psychiatric Hospital</b><br><br><b>Languages:</b> Vietnamese, limited English<br><b>Speciality:</b> Mental Illness assessment and treatment, local standard                                                                                                                                                                                                    | 766 Vo Van Kiet Street, Cho Quan Ward, HCMC                             | <b>B:</b> +84 28 9234675<br><b>M:</b><br><b>Fax:</b><br><b>Email:</b> info@bvtt-tphcm.org.vn                                   |
| <b>Touching Soul Center</b><br><br><b>Languages:</b> Vietnamese, English<br><b>Speciality:</b> Mental illness assessment and treatment, individual and family therapy, mental health first aid, international standard                                                                                                                                                 | 80/23 Dang Van Ngu Sreet, Phu Nhuan Ward, HCMC                          | <b>B:</b><br><b>M:</b> 0703 50 58 50<br><b>Fax:</b><br><b>Email:</b> therapy@touchingsoul.art                                  |
| <b>International Center for Cognitive Development</b><br><br><b>Languages:</b> English, Vietnamese<br><b>Speciality:</b> Psychometric assessments, mental health diagnostics, full psycho-educational evaluations, HR personnel screening, counselling, Speech language intervention, self-help resources, referrals to private care, workshops, and discussion groups | 4 <sup>th</sup> Floor, 191 Nguyen Van Huong Street, An Khanh Ward, HCMC | <b>B:</b><br><b>M:</b> +84 965 729 346<br><b>Fax:</b><br><b>Email:</b> contact@iccd.info                                       |

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Family Medical Practice - District 2 Medical Centre (24/7)</b><br><br><b>Languages:</b> English and Vietnamese<br><b>Speciality:</b> General practice including Psychiatry Department, international standard                                                                                                          | 95 Thao Dien Street, An Khanh Ward, HCMC | <b>B:</b> +84 28 3744 2000<br><b>M:</b> Emergency *9999 or +84 28 3744 9000<br><b>Fax:</b><br><b>Email:</b> d2.reception@vietnammedicalpractice.com |
| <b>Counselling with Naomi   online global counselling</b><br><br><b>Contact:</b> Naomi Taylor<br><b>Languages:</b> English<br><b>Speciality:</b> Online counselling to adults individually, couples to enhance their relationship and gain a greater understanding of their needs and ability to communicate effectively. |                                          | <b>B:</b><br><b>M:</b> +84 (0) 335 425 211 - text/i-messages<br><b>Fax:</b><br><b>Email:</b> hello@counsellingwithnaomi.com                         |
| <b>FV Hospital</b><br><br><b>Languages:</b> Vietnamese, English<br><b>Speciality:</b> General Hospital with faculty in Clinical Psychology. FV Hospital's psychologists offer personalised counselling adapted to a patient's needs, age, and the context of their consultation.                                          | 6 Nguyen Luong Bang Street, Tan My       | <b>B:</b><br><b>M:</b> +84 28 54 11 33 33<br><b>Fax:</b><br><b>Email:</b> information@fvhospital.com                                                |
| <b>Hero's Journey Therapy</b><br><br><b>Contact:</b> Robert Oleskevich<br><b>Languages:</b> English<br><b>Speciality:</b> Licensed psychotherapist: anxiety, trauma, depression, adjustment issues, etc.                                                                                                                  | An Khanh, HCMC                           | <b>B:</b><br><b>M:</b> +84 78 345 0380<br><b>Fax:</b><br><b>Email:</b> hello@herosjourneytherapy.com                                                |

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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Learning Strategies</b><br><br><b>Languages:</b> English, Vietnamese<br><b>Speciality:</b> Evaluations and Assessments for learning, developmental, behavioural, and emotional difficulties<br>Therapy and Counselling for Adults, Youth, and Children<br>Direct 1:1 support and educational programming in clinic, home, school, and/or community based settings | 70 Nguyen Cu Street, An Khanh Ward, HCMC                  | <b>B:</b> +84 286 681 2012<br><b>Hotline (English):</b> +84 915 729 230  <br><b>(Vietnamese)</b> +84 906 070 702<br><b>Fax:</b><br><b>Email:</b> info@learning-strategies.org |
| <b>Ethos Asia</b><br><br><b>Languages:</b> English, Vietnamese<br><b>Speciality:</b> Child development Assessment services: Psychoeducational Assessment, Autism (ASD) Assessment, ADHD Assessment, Cognitive Profile Assessment, Gifted Assessment, Infant Assessment                                                                                               | FIDECO Compound, 14 Thao Dien Street, An Khanh Ward, HCMC | <b>B:</b><br><b>M:</b> +84 909 805 036 +84 909 806 536<br><b>Fax:</b><br><b>Email:</b> anita@ethosasia.com                                                                    |
| <b>Saigon Psychology &amp; Co.</b><br><br><b>Languages:</b> Spanish, English<br><b>Speciality:</b> Clinical Psychologist<br>Psychotherapy and Couples Counselling                                                                                                                                                                                                    | 190 Nguyen Van Huong Street, An Khanh Ward, HCMC          | <b>B:</b><br><b>M:</b> +84 (0) 798 263 167<br><b>Fax:</b><br><b>Email:</b> dr.astrid.saigon@gmail.com                                                                         |
| <b>Sandy Sinn Family Coaching &amp; Psychology Ltd</b><br><br><b>Languages:</b> English<br><b>Speciality:</b> Sandy is a strengths-based positive psychology coach who is currently working to collaborate with LivingWorks, who is one of the leading organizations in Suicide Prevention and Training.                                                             | RM R3-01, 3/F, 343 Hoang Sa Street, Tan Dinh Ward, HCMC   | <b>B:</b><br><b>M:</b> (+84) 89 663 5204<br><b>Fax:</b><br><b>Email:</b> sandy@sandysinn.com                                                                                  |

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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Janak Vadgama Counsellor &amp; Psychologist</b><br><br><b>Contact:</b> Janak Vadgama Counsellor & Psychologist<br><b>Languages:</b> English<br><b>Speciality:</b> Depression and anxiety, suicidal feelings, trauma, finding meaning and purpose in life, cultural adjustment, etc. | Thao Dien, HCMC | <b>B:</b><br><b>M:</b><br><b>Website:</b> <a href="http://www.janakcounselling.com">www.janakcounselling.com</a><br><b>Email:</b> <a href="mailto:janak@janakcounselling.com">janak@janakcounselling.com</a> |

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#### **Ba Ria – Vung Tau**

| <b>Name</b>                                                                                                                                                             | <b>Address</b>                                                     | <b>Contact Details</b>                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Ba Ria Vung Tau Psychiatric Hospital<br><br><b>Languages:</b> Vietnamese, limited English<br><b>Speciality:</b> Mental illness treatment and assessment, local standard | QL 56, Binh My Hamlet, Ngai Giao Ward, HCMC<br>(Ba Ria – Vung Tau) | <b>B:</b> +84 254 3966 581<br><b>M:</b><br><b>Fax:</b><br><b>Email:</b> bvtamthan.brvt@gmail.com |

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#### **Dong Nai**

| <b>Name</b>                                                                                                                                                                                      | <b>Address</b>                                  | <b>Contact Details</b>                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Psychiatric Central Hospital II (Bệnh Viện Tâm Thần Biên Hòa)<br><br><b>Languages:</b> Vietnamese, limited English<br><b>Speciality:</b> Mental Illness treatment and assessment, local standard | Nguyen Ai Quoc Street, Tan Phong Ward, Bien Hoa | <b>B:</b> +84 251 382 2965<br><b>M:</b><br><b>Fax:</b> +84 251 1381 9187<br><b>Email:</b> bvttw2@tamthantw2.gov.vn |

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#### **Khanh Hoa**

| <b>Name</b>                                                                                                                                                       | <b>Address</b>                                          | <b>Contact Details</b>                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Khanh Hoa Psychiatric Hospital<br><br><b>Languages:</b> Vietnamese, limited English<br><b>Speciality:</b> Mental illness treatment and assessment, local standard | 01 An Dinh Hamlet, Dien Tho Ward,<br>Khanh Hoa Province | <b>B:</b> +84 258 3780 002<br><b>M:</b><br><b>Fax:</b><br><b>Email:</b> bvtt.syt@khanhhoa.gov.vn |

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#### **Quang Nam – Da Nang**

| <b>Name</b>                                                                                                                                                       | <b>Address</b>                                  | <b>Contact Details</b>                                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| Quang Nam Psychiatric Hospital<br><br><b>Languages:</b> Vietnamese, limited English<br><b>Speciality:</b> Mental illness assessment and treatment, local standard | Nguyen Van Troi, Quang Phu Ward, Da Nang        | <b>B:</b> +84 235 3852 648<br><b>M:</b> +84 967 891 313<br><b>Fax:</b><br><b>Email:</b> bvtamthanqnam@gmail.com |
| Da Nang Psychiatric Hospital<br><br><b>Languages:</b> Vietnamese, limited English<br><b>Speciality:</b> Mental illness treatment and assessment, local standard   | 193 Nguyen Luong Bang, Lien Chieu Ward, Da Nang | <b>B:</b> +84 935 422 426<br><b>M:</b><br><b>Fax:</b><br><b>Email:</b>                                          |