

## Contact List - Counselling and/or Psychological services – Vietnam

Updated 15 May 2024

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### Ho Chi Minh City

Name	Address	Contact Details
Mental Health Center (Trung tâm Điều dưỡng Người bệnh Tâm Thần) <b>Contact:</b> Mental Health Center <b>Languages:</b> Vietnamese <b>Speciality:</b> Mental illness treatment, local standard	37 Phu Chau, Tam Phu Ward, Thu Duc District  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> +84 28 38964427 <b>M:</b> <b>Fax:</b> <b>Email:</b> ddbtt.sltdtbxh@tphcm.gov.vn
Saigon Therapy <b>Contact:</b> Ms TRAN Tuyet Huong (Victoria) <b>Languages:</b> English, Vietnamese <b>Speciality:</b> Marital & Family therapy in group, couple or individual session.	The Vista An Phu, Tower 5, 628C Hanoi Highway  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> <b>M:</b> +84 961045800 <b>Fax:</b> <b>Email:</b> info@saigontherapy.com
HCMC Psychiatric Hospital <b>Contact:</b> HCMC Psychiatric Hospital <b>Languages:</b> Vietnamese, limited English <b>Speciality:</b> Mental Illness assessment and treatment, local standard	766 Vo Van Kiet, Ward 1, District 5  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> +84 28 9234675 <b>M:</b> +84 19009095 <b>Fax:</b> <b>Email:</b> info@bvtt-tphcm.org.vn
Touching Soul Center <b>Contact:</b> - <b>Languages:</b> Vietnamese, English <b>Speciality:</b> Mental illness assessment and treatment, individual and family therapy, mental health first aid, international standard	80/23 Dang Van Ngu St, Phu Nhuan Dist, HCMC  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> <b>M:</b> 0703 50 58 50 <b>Fax:</b> <b>Email:</b> therapy@touchingsoul.art

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<b>Name</b>	<b>Address</b>	<b>Contact Details</b>
<p>International Center for Cognitive Development  <b>Contact:</b> International Center for Cognitive Development  <b>Languages:</b> English, Vietnamese  <b>Speciality:</b> Psychometric assessments, mental health diagnostics, full psycho-educational evaluations, HR personnel screening, counselling, Speech language intervention, self-help resources, referrals to private care, workshops, and discussion groups</p>	<p>R. 1901 - Saigon Trade Center, 37 Ton Duc Thang, District 1                       Ho Chi Minh City                      Ho Chi Minh City                      Vietnam</p>	<p><b>B:</b>  <b>M:</b> +84965 729 346  <b>Fax:</b>  <b>Email:</b> ICCD.hcmc@gmail.com</p>
<p>Family Medical Practice - District 2 Medical Centre (24/7)  <b>Contact:</b> Family Medical Practice - District 2 Medical Centre (24/7)  <b>Languages:</b> English and Vietnamese  <b>Speciality:</b> General practice including Psychiatry Department, international standard</p>	<p>95 Thao Dien Street, District 2                       Ho Chi Minh City                      Ho Chi Minh City                      Vietnam</p>	<p><b>B:</b> +84 28 3744 2000  <b>M:</b> Emergency *9999 or +84 28 3744 9000  <b>Fax:</b>  <b>Email:</b> d2.reception@vietnammedicalpractice.com</p>
<p>Counselling with Naomi   online global counselling  <b>Contact:</b> Naomi Taylor  <b>Languages:</b> English  <b>Speciality:</b> Online counselling to adults individually, couples to enhance their relationship and gain a greater understanding of their needs and ability to communicate effectively.</p>	<p>Vietnam</p>	<p><b>B:</b>  <b>M:</b> +84 (0) 335 425 211 - text/i-messages  <b>Fax:</b>  <b>Email:</b> hello@counsellingwithnaomi.com</p>
<p>FV Hospital  <b>Contact:</b> FV Hospital  <b>Languages:</b> Vietnamese, English  <b>Speciality:</b> General Hospital with faculty in Clinical Psychology. FV Hospital's psychologists offer personalised counselling adapted to a patient's needs, age, and the context of their consultation.</p>	<p>6 Nguyen Luong Bang St, Saigon South (Phu My Hung), District 7                       Ho Chi Minh City                      Ho Chi Minh City                      Vietnam</p>	<p><b>B:</b>  <b>M:</b> +84 28 54 11 33 33  <b>Fax:</b>  <b>Email:</b> information@fvhospital.com</p>

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Name	Address	Contact Details
Hero's Journey Therapy <b>Contact:</b> Robert Oleskevich <b>Languages:</b> English <b>Speciality:</b> Licensed psychotherapist: anxiety, trauma, depression, adjustment issues, etc.	Techcom Bank Building, 9-11 Ton Duc Thang, Floor 25th, District 1  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> <b>M:</b> +8478 345 0380 <b>Fax:</b> <b>Email:</b> hello@herosjourneytherapy.com
Learning Strategies <b>Contact:</b> Learning Strategies <b>Languages:</b> English, Vietnamese <b>Speciality:</b> Evaluations and Assessments for learning, developmental, behavioural, and emotional difficulties Therapy and Counselling for Adults, Youth, and Children Direct 1:1 support and educational programming in clinic, home, school, and/or community based settings	70 Nguyen Cu Street, Thao Dien Ward, District 2  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> +84 286 681 2012 <b>M:</b> Hotline (English): +84 915 729 230   (Vietnamese) +84 906 070 702 <b>Fax:</b> <b>Email:</b> info@learning-strategies.org
Ethos Asia <b>Contact:</b> Ethos Asia <b>Languages:</b> English, Vietnamese <b>Speciality:</b> Child development Assessment services: Psychoeducational Assessment, Autism (ASD) Assessment, ADHD Assessment, Cognitive Profile Assessment, Gifted Assessment, Infant Assessment	Tulip 13, An Phu Compound, 36 Thao Dien Street, Thao Dien Ward  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> <b>M:</b> +84 909 805 036   +84 909 806 536 <b>Fax:</b> <b>Email:</b> anita@ethosasia.com
Saigon Psychology & Co. <b>Contact:</b> Saigon Psychology & Co. <b>Languages:</b> Spanish, English <b>Speciality:</b> Clinical Psychologist Psychotherapy and Couples Counselling	Nguyen Van Huong, Thao Dien,  Ho Chi Minh City Ho Chi Minh City Vietnam	<b>B:</b> <b>M:</b> +84 (0) 798 263 167 <b>Fax:</b> <b>Email:</b> dr.astrid.saigon@gmail.com

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<b>Name</b>	<b>Address</b>	<b>Contact Details</b>
<p>Sandy Sinn Family Coaching &amp; Psychology Ltd  <b>Contact:</b> Sandy Sinn Family Coaching &amp; Psychology Ltd  <b>Languages:</b> English  <b>Speciality:</b> Sandy is a strengths-based positive psychology coach who is currently working to collaborate with LivingWorks, who is one of the leading organizations in Suicide Prevention and Training.</p>	<p>RM R3-01, 3/F, 343 Hoang Sa, Tan Dinh Ward, District 1                       Ho Chi Minh City                      Ho Chi Minh City                      Vietnam</p>	<p><b>B:</b>  <b>M:</b> (+84) 89 663 5204  <b>Fax:</b>  <b>Email:</b> sandy@sandysinn.com</p>
<p>Janak Vadgama Counsellor &amp; Psychologist  <b>Contact:</b> Janak Vadgama Counsellor &amp; Psychologist  <b>Languages:</b> English  <b>Speciality:</b> Depression and anxiety, suicidal feelings, trauma, finding meaning and purpose in life, cultural adjustment, etc.</p>	<p>Nguyen Van Huong, Thao Dien, District 2                       Ho Chi Minh City                      Ho Chi Minh City                      Vietnam</p>	<p><b>B:</b>  <b>M:</b>  <b>Fax:</b>  <b>Email:</b> janak@janakcounselling.com</p>

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### **Khanh Hoa**

<b>Name</b>	<b>Address</b>	<b>Contact Details</b>
<b>Khanh Hoa Psychiatric Hospital</b> <b>Contact:</b> Khanh Hoa Psychiatric Hospital <b>Languages:</b> Vietnamese, limited English <b>Speciality:</b> Mental illness treatment and assessment, local standard	An Dinh Hamlet, Dien Phuoc Village, Dien Khanh District  Nha Trang Khanh Hoa Vietnam	<b>B:</b> +84 258 3780 001- 258 3780 010 <b>M:</b> <b>Fax:</b> <b>Email:</b> bvtt.syt@khanhhoa.gov.vn

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### **Ba Ria – Vung Tau**

<b>Name</b>	<b>Address</b>	<b>Contact Details</b>
Ba Ria Vung Tau Psychiatric Hospital <b>Contact:</b> Ba Ria Vung Tau Psychiatric Hospital <b>Languages:</b> Vietnamese, limited English <b>Speciality:</b> Mental illness treatment and assessment, local standard	Binh My Hamlet, Binh Ba Village, Chau Duc District  Ba Ria Ba Ria - Vung Tau Vietnam	<b>B:</b> +84 254 3966581 <b>M:</b> <b>Fax:</b> <b>Email:</b> bvtamthan.brvt@gmail.com

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### **Dong Nai**

<b>Name</b>	<b>Address</b>	<b>Contact Details</b>
Psychiatric Hospital II <b>Contact:</b> (Dong Nai) Psychiatric Hospital II <b>Languages:</b> Vietnamese, limited English <b>Speciality:</b> Mental Illness treatment and assessment, local standard	Nguyen Ai Quoc Street, Tan Phong Ward  Bien Hoa Dong Nai Vietnam	<b>B:</b> +84 251 382 2965 <b>M:</b> <b>Fax:</b> +84 251 1381 9187 <b>Email:</b> bvttw2@tamthantw2.gov.vn

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### Quang Nam – Da Nang

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Quang Nam Psychiatric Hospital <b>Contact:</b> Quang Nam Psychiatric Hospital <b>Languages:</b> Vietnamese, limited English <b>Speciality:</b> Mental illness assessment and treatment, local standard	Nguyen Van Troi, An Phu, Tam Ky  Tam Ky Quang Nam Vietnam	<b>B:</b> +84 235 3852 648 <b>M:</b> +84 967891313 <b>Fax:</b> <b>Email:</b> bvtamthanqnam@gmail.com
Da Nang Psychiatric Hospital <b>Contact:</b> Da Nang Psychiatric Hospital <b>Languages:</b> Vietnamese, limited English <b>Speciality:</b> Mental illness treatment and assessment, local standard	193 Nguyen Luong Bang, Hoa Khanh Bac Ward, Lien Chieu District  Da Nang Da Nang Vietnam	<b>B:</b> +84 235 384 2326 <b>M:</b> <b>Fax:</b> <b>Email:</b>